You are going to learn how to estimate 60 seconds (that's 1 minute)

- One person will be the timer, they will use a stop watch.
- The other person (or 2 people if there are 3 in your group) will be the experimenter(s).

60	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
59	In every experiment the timer will:															19		
58	1. Press the reset button on the stopwatch.															20		
57	2. Check the experimenters are ready.															21		
56	3. Press the start button whilst saying "start" and wait for 60 seconds.															22		
55	4. When the time changes from 59 seconds to 1 minute (60 seconds) say "stop".															23		
	In Experiment 1 when the timer says																	
54	•	"start	" the	expe	erime	enter	will	start	count	ing, c	quietl	y but	not s	silentl	y.			24
53	•	"stop"	' the	expe	rime	nter	will v	vrite	down	the r	umb	er the	ey cou	inted	up to	here		25
52	No	w sw a	p ro	les so	some	eone	else is	s the	$_{ m timer}$									26
51	In	Expe	rime	nt 2	when	the t	imer	says										27
50	•	"start	" the	expe	erime	enter	will	start	quiet	ly cou	inting	; "1 p	otato	, 2 pc	otato,	3	etc"	28
49	•	"stop"	' the	expe	rime	nter	will v	vrite	down	the r	umbe	er the	ey cou	inted	up to	here		29
48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30

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51	In I	Expe	rime	nt 2	when	the t	imer	says										27
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60	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
59	Now swap roles again, make sure everyone has been the timer.															19		
58	In Experiment 3 when the timer says															20		
57	• "start" the experimenter will quietly start counting the beats of their pulse															21		
56	• "stop" the experimenter will down the number they counted up to here															22		
55	For Experiment 4 decide which is the best way, for you , to estimate 1 minute.															23		
54	Here are some suggestions: □ count beats of {name}'s pulse)	24	
53		count	1 {y	our n	ame}	, 2 {y	our n	name}	, 3 {	your 1	name]	} up t	ю		do	sit	ups	25
52		rap {	track	name	e}											ı	ıntil	26
51	{	words	s}				• • • • • • • • •											27
50		your	own o	choice	:													28
49																		29
48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30

How long did your estimate of 1 minute actually take? seconds

60	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
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52		rap {	track	name	e}											1	ıntil	26
51	{	words	s}					• • • • • • • • • • • • • • • • • • • •										27
50		your (own c	choice	:								•••••			•••••		28
49	••								• • • • • • • • • • • • • • • • • • • •			•••••						29
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